

IAS
2026
2027

PSYCHOLOGY

PERSONAL MENTORSHIP

PROGRAMME

04
JANUARY
2026

2026/27

By: **SANKET JAIN**



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PSYCHOLOGY MENTORSHIP COURSE

2026-2027

COURSE HIGHLIGHTS



01 Test Series

9 Sectional & 3 Full Length High Quality Tests Covering the Complete Syllabus with Model Answers and 1-1 Discussion with Personal Mentorship.



02 Crash Course

Advance Classes to Cover the Most Important Selected topics From Both Papers.



03 Regular Answer Writing

Practice Answer Writing on Regular Basis with Proper Feedback.



04 10 Years Solved PYQs

Value addition documents covering last 10 years PYQ topic wise

SESSION PLAN (MODULE 1)

(TEST SERIES+REGULAR ANSWER WRITING+ONLINE SESSION)

RECOMMENDED BY T BHUVANESH RAM, MANASVI SHARMA &
ANUSHTHA KALIA (HIGHEST SCORER IN 2023, 2022 AND 2021)

SESSION AND DATE	SECTION AND TOPICS
SESSION 1	Introduction <ul style="list-style-type: none">• Definition of Psychology; Historical antecedents of Psychology and trends in the 21st century• Psychology and scientific methods; Psychology in relation to other social sciences and natural sciences• Application of Psychology to societal problems
SESSION 2	Personality <ul style="list-style-type: none">• Theories of personality (psychoanalytical, sociocultural, interpersonal, Developmental, humanistic, behaviouristic, trait and type approaches) The notion of self
TEST 1 04 JANUARY	INTRODUCTION & PERSONALITY
SESSION 3	Development of Human Behaviour <ul style="list-style-type: none">• Role of genetic and environmental factors in determining human behaviour• Influence of cultural factors in socialization– Characteristics, development tasks Language and Communication <ul style="list-style-type: none">• Human language – Properties, structure and linguistic hierarchy• critical period hypothesis; Theories of language development
SESSION 4	Learning <ul style="list-style-type: none">• Concept and theories of learning (Behaviourists, Gestalt and Information processing models) The Processes of extinction, discrimination and generalization; Memory <ul style="list-style-type: none">• Short term memory, Long term memory, Sensory memory, Iconic memory, The Multi store model, levels of processing Theories of forgetting: decay, interference and retrieval
TEST 2 18 JANUARY	DEVELOPMENT+LANGUAGE+LEARNING+MEMORY

SESSION 5	<p><u>Sensation, Attention and Perception</u></p> <ul style="list-style-type: none"> • Sensation: concepts of threshold, absolute and difference thresholds, signal-detection and vigilance • Theories of Attention Perception Concept related to Perception <p><u>Thinking and Problem Solving</u></p> <ul style="list-style-type: none"> • Piaget's theory of cognitive development; Concept formation processes; Information processing • Reasoning and problem solving,
SESSION 6	<p><u>Intelligence and Aptitude</u></p> <ul style="list-style-type: none"> • Nature and theories of intelligence – Spearman, Thurstone, Guilford Vernon, Sternberg and J.P; Das • Emotional Intelligence, Social intelligence, measurement of intelligence and aptitudes • Fluid intelligence and crystallized intelligence
TEST 3 25 JANUARY	SENSATION +THINKING +INTELLIGENCE
SESSION 7	<p><u>Attitudes, Values and Interests</u></p> <ul style="list-style-type: none"> • Definition of attitudes, values and interests; Components of attitudes; • Theories of attitude change; Strategies for fostering values, Theories of attribution
SESSION 8	<p><u>Psychological problems of social integration</u></p> <ul style="list-style-type: none"> • The concept of social integration; • Nature and manifestation of prejudice between the in-group and out-group • Psychological strategies for handling the conflicts and prejudices • Measures to achieve social integration <p><u>Psychology of Gender</u></p> <ul style="list-style-type: none"> • Glass ceiling effect Self-fulfilling prophecy, Women and Indian society
TEST 4 08 FEBRUARY	ATTITUDE+SOCIAL INTEGRATION+GENDER
SESSION 9	<p><u>Motivation and Emotion</u></p> <ul style="list-style-type: none"> • Psychological and physiological basis of motivation and emotion; • Extrinsic and intrinsic motivation • Factors influencing intrinsic motivation;

SESSION 10	<p><u>Work Psychology and Organisational Behaviour</u></p> <ul style="list-style-type: none"> • Theories of work motivation – Herzberg, Maslow, Adam Equity theory, Porter and Lawler, Vroom; • Transformational leadership; Sensitivity training; Power and politics in organizations <p><u>Psychology and Economic development</u></p> <ul style="list-style-type: none"> • Characteristics of entrepreneurial behaviour • Motivating and training people for entrepreneurship and economic development •
TEST 5 15 FEBRUARY	MOTIVATION&EMOTION +WORK+ECONOMIC DEV
SESSION 11	<p><u>Therapeutic Approaches</u></p> <ul style="list-style-type: none"> • Psychodynamic therapies; Behaviour therapies; Client centred therapy • Cognitive therapies; Indigenous therapies (Yoga, Meditation); Biofeedback therapy <p><u>Psychological well being and Mental Disorders</u></p> <ul style="list-style-type: none"> • Causal factors in mental disorders (Anxiety disorders, mood disorders, schizophrenia and delusional disorders; personality disorders, substance abuse disorders)
SESSION 12	<p><u>Rehabilitation Psychology</u></p> <ul style="list-style-type: none"> • Rehabilitation of persons suffering from substance abuse, juvenile delinquency, criminal behaviour • Rehabilitation of victims of violence, Rehabilitation of HIV/AIDS victims, the role of social agencies
TEST 6 01 MARCH	WELL BEING +REHAB+THERAPEUTIC APPROACH
SESSION 13	<p><u>Application of Psychology to Educational Field</u></p> <ul style="list-style-type: none"> • Psychological principles underlying effective teaching-learning process • Learning styles; Gifted, retarded, learning disabled and their training • Use of psychological tests in educational institutions;

SESSION 14	<p><u>Application of Psychology to disadvantaged groups</u></p> <ul style="list-style-type: none"> • The concepts of disadvantaged, deprivation; Social, physical, cultural and economic consequences of disadvantaged and deprived groups • Relative and prolonged deprivation <p><u>Application of psychology in other fields</u></p> <ul style="list-style-type: none"> • Military + Sports+ terrorism (PSYCHOLOGY)
TEST 7 08 MARCH	EDUCATION +DISADVANTAGE+OTHER FIELD
SESSION 15	<p><u>Community Psychology</u></p> <ul style="list-style-type: none"> • Arousing community consciousness and action for handling social problems • Effective strategies for social change <p><u>Application of psychology to environment and related fields</u></p> <p>Motivating for small family norm; Impact of rapid scientific and technological growth on degradation of the environment</p>
SESSION 16	<p><u>Application of Psychology in Information Technology and Mass Media</u></p> <ul style="list-style-type: none"> • The present scenario of information technology and the mass media boom and the role of psychologists • Psychological consequences of recent developments in Information Technology
TEST 8 22 MARCH	COMMUNITY+ENVIRONMENT+IT&MASS MEDIA
SESSION 17	Research Method + Method of Psychology
SESSION 18	Measurement of Individual Differences
TEST 9 05 APRIL	RESEARCH+METHOD+INDIVIDUAL DIFFERENCE
SESSION 19	Extra session for the Remaining Topics
SESSION 20	Extra session for the Remaining Topics
TEST 10 12 APRIL	FLT-1
TEST 11 19 APRIL	FLT-2
TEST 12 26 APRIL	FLT-3

PSYCHOLOGY MENTORSHIP COURSE

2026-2027

ABOUT THE FACULTY

- Widely acknowledged for his UPSC exam oriented and student-centric teaching style.
- Commanding knowledge in the field of Psychology, Ethics & Essay .
- Associated with various institutes - STUDYIQ Education, Stellar IAS, Prepp IAS, Jigyasa IAS, Pratham Institute of financial Management.
- Mentoring Civil Services aspirants for over 10 years and producing top ranks in Psychology every year.
- He is well-known for his pedagogical strategy, which emphasizes the junction of the three—subjects, students, and the exam—and gives students constant motivation for their UPSC Journey .



SANKET JAIN
(FOUNDER & LEAD MENTOR
PSYCHE SIMPLIFIED)

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PERSONAL MENTORSHIP PROGRAMME

2026-2027

FEE STRUCTURE

MODULE	ONLY TESTS and PERSONAL MENTORSHIP	TESTS, PERSONAL MENTORSHIP and ONLINE SESSION
MODULE 1	15599/-	24599/-

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NOTE

- Online Session are Only to Highlight the Important Areas and Major themes.
- Validity of the Test Series can be Extended to Next Year if you did not clear the exam.
- All the Tests Include Model Answer and One To One Discussions.
- All the Modules are in Online Mode.

For Any queries related to the Fee Structure of the Course, Please call at :- 7987391094

CONTACT US



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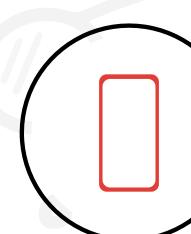
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